

Same Room. Different Beds. Better Rest for All.

Visit: www.SafeSleepPhilly.org



Department of
Public Health

CITY OF PHILADELPHIA

Did you know?

One baby in Philadelphia dies every 12 days because of unsafe sleep.

Every Step, Every Time

- 1. Your baby always sleeps in a Pack 'n Play or crib.**
- 2. That Pack 'n Play or crib is just for the baby. NO pillows, bumper, blankets or toys.**
- 3. Lay your baby on his or her back.**

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