

# Same Room. Different Beds. Better Rest for All.

*Visit: [SafeSleepPhilly.org](https://SafeSleepPhilly.org)*





# Same Room. Different Beds. Better Rest for All.

Visit: [SafeSleepPhilly.org](https://www.safesleepphilly.org)



Department of  
Public Health  
CITY OF PHILADELPHIA

# Did you know?

There are 3 easy steps to keep your baby safe when they sleep.

## Every Step, Every Time

1. **Your baby always sleeps in a Pack 'n Play or crib.**
2. **That Pack 'n Play or crib is just for the baby.  
NO pillows, bumper, blankets or toys.**
3. **Lay your baby on their back.**

Visit: [SafeSleepPhilly.org](http://SafeSleepPhilly.org)